



## PLAN OF ACTION: HEALTH

### ***HEALTH***

*Mission:* Facilitate health education and medical care for all people in all countries

*Strategic Actions:*

- Research medical groups that can assist in the global exchange of knowledge regarding health, prescription drugs and medical care
  - Research health insurance options and alternatives
  - Research a specific health issue or policy, and share this knowledge through the media, encouraging the change in thinking from alleviating the symptom to dealing with the cause
  - Make a personal commitment to improve our own mind-body-spirit connection
  - Learn about and support international health practices
  - Learn what international agencies promote and/or provide prenatal and medical care for mothers and children
  - Provide financial support for key health projects
  - Check on local water quality and research ways to improve the current condition
  - Build a local network of contacts interested in health issues for the purpose of inter-cultural dialogue about healthcare
  - Set an example for our children and grandchildren and give them advice on healthy and peaceful habits
  - Research political candidates and vote for those who support inclusive healthcare and reproductive health policies
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